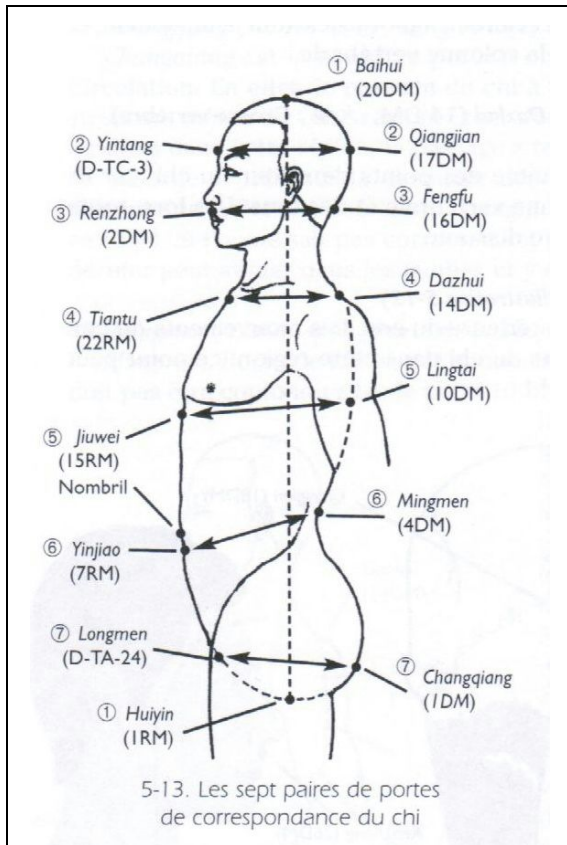
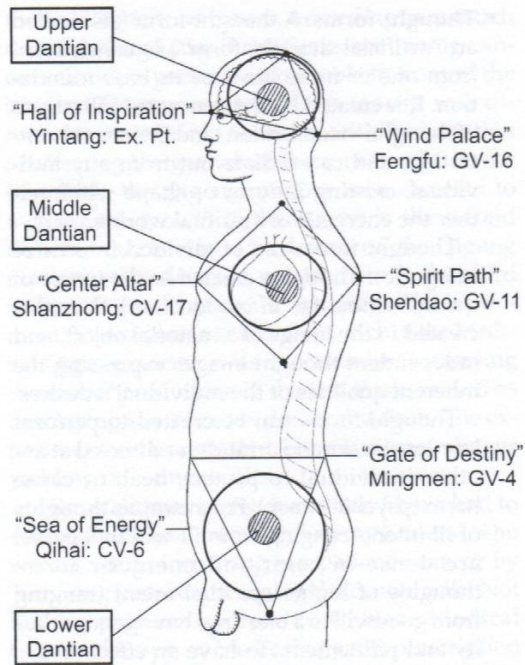


Points d'acupuncture et les trois DanTian

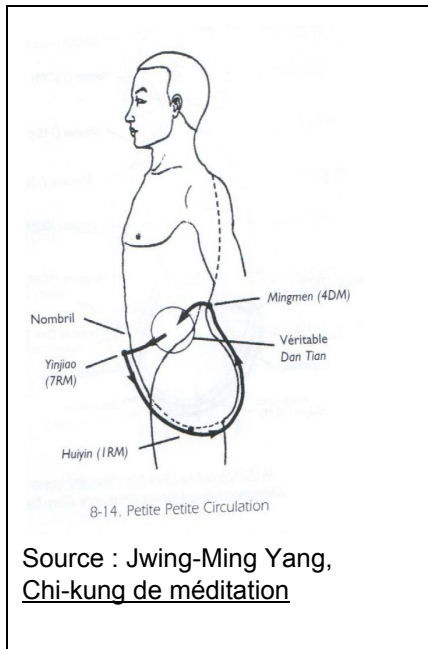


Source : Jwing-Ming Yang, Chi-kung de méditation



Source : Jerry Alan Johnson, Chinese Medical Qigong Therapy

La Petite Circulation



Source : Jwing-Ming Yang, Chi-kung de méditation

